

Harris County
HCPHES
Public Health & Environmental Services

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MEDIA ADVISORY

WHO: Harris County Public Health and Environmental Services in partnership with Cy-Fair Independent School District

WHAT: **Free Public H1N1 Vaccination Clinic**
Persons of all ages and health status can participate and do not need to bring anything with them to the clinic.

WHEN: **Saturday, December 12, 2009**
8:30a.m. – 2:00p.m.

WHERE: The Berry Center (enter at Entrance No. 3)
8877 Barker Cypress Rd
Cypress, Texas

WHY: The holidays are a joyful time when families and friends gather to share meals and exchange warm wishes and gifts. But, families may take home more than fun and fond memories...

Most people may be able to infect others with the flu as early as 1 day **before** symptoms develop and up to 5-7 days **after** becoming sick. That means that **you may be able to pass on the flu to someone else before you even know you are sick, as well as while you are sick.**

The flu shot is the best prescription you can provide to protect your loved ones from the flu! Remember, the flu season does not end until May. **Get your flu shot for a healthy holiday season!**

(For more information, contact Rita Obey (713-439-6293), Sandy Kachur (713-439-6292), Martha Garza (713-439-6193) - (Spanish).

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