

Stop Germs, Stay Healthy!



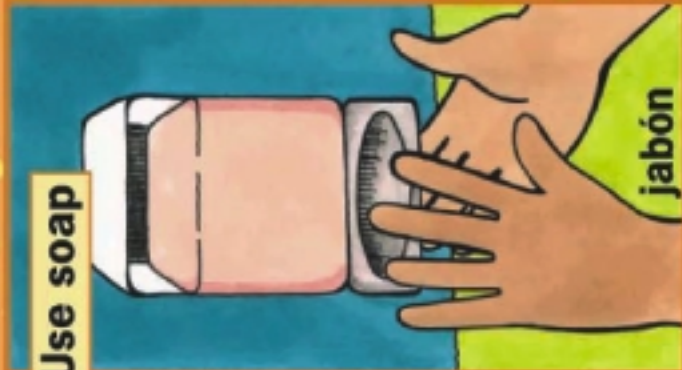
Cover your cough and sneezes.



Stay at home if you are sick.



Use soap



jabón

Wash hands often
(for 20 seconds)



lavado

Rinse well



enjuague

Dry with
a towel



secado

Elimine gérmenes, manténgase saludable

- Lávese las manos frecuentemente por 20 segundos
- Cubra su boca al toser
- Quéedese en casa cuando se sienta enfermo

Harris County
HCPHES
Public Health & Environmental Services
www.harriscountyhealth.com

Available in alternate formats